



**ASPIRE 13th Masterclass
Reproductive Endocrinology -
Addressing the “Extremes” in Ovarian Stimulation -
Individualisation and Beyond..?**

Friday - Saturday, 19-20 September 2025
Le Meridien New Delhi, New Delhi, India

Time		Programme Outline	
Day 1 - Friday, 19 September 2025			
Basics That Need to Be Known			
0900 - 0930		Physiology of Follicular Development and Ovulation And How It Differs With Ovarian Stimulation	
0930 - 1000		Luteal Phase After Ovarian Stimulation	
1000 - 1030		Assessing Ovarian Reserve and Predictors of Ovarian Response	
1030 - 1100		Discussion	
1100 - 1130		<i>Coffee break</i>	
Diagnosing Poor Responders			
1130 - 1200		How Different Is the POSEIDEN Classification From Bologna Criteria in Defining Poor Ovarian Response?	
1200 - 1230		How Different Is POI From Poor Ovarian Response?	
1230 - 1300		What Dose of FSH Is Optimal for Poor Ovarian Response?	
1300 - 1330		Discussion	
1330 - 1430		<i>Lunch</i>	
Management of Poor Responders			
1430 - 1500		Evidence to Support Intraovarian PRP and Other Rejuvenation Strategies	
1500 - 1530		Evidence to Support Use of Augmentation of Ovarian Response With Androgens and Growth Hormone	
1530 - 1600		How Does Ovarian Response Affect Aneuploidy and IVF Outcomes?	
1600 - 1630		Discussion	
1630 - 1730		<i>Clinical Case Discussion</i>	
1830		Welcome Dinner [All Participants & Faculty - RSVP only]	

Time		Programme Outline	
Day 2 - Saturday, 20 September			
Managing Hyper Responders			
0830 - 0900		Evidence Based Ovarian Stimulation to Optimize outcome in Women With High AMH?	
0900 - 0930		Can We Modify Ovarian Stimulation in PCOS by Lifestyle Change?	
0930 - 1000		Choice of Induction of Ovulation And Completion of First Meiotic Division in IVF (hCG, GnRH Agonist, Combined, Separate). What Is the Evidence?	
1000 - 1030		Discussion	
1030 - 1100		<i>Coffee Break</i>	
Ovarian Stimulation in Special Circumstances			
1100 - 1130		Ovarian Stimulation in Fertility Preservation	
1130 - 1200		Ovarian Stimulation in Oocyte Donation	
1200 - 1230		Ovarian Stimulation in IVM	
1230 - 1300		New Protocols Ovarian Stimulation (Progestin “Primed”, Random Start, Oral GnRH Antagonists, Use of Letrozole)	
1300 - 1330		Discussion	
1330 - 1430		<i>Lunch</i>	
Debate - Ovarian Stimulation for IVF: LH Adds Benefit?			
1430 - 1500		Against	
1500 - 1530		For	
1530 - 1630		Clinical Case Discussion	

Organised by ASPIRE Special Interest Group on Reproductive Endocrinology
Please note that the programme is subject to change.