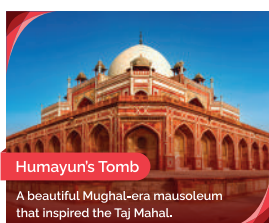
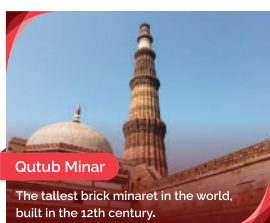


WELCOME MESSAGE

We are pleased to invite you to attend the 13th ASPIRE Masterclass "Addressing the extremes in Ovarian Stimulation - Individualisation and Beyond " scheduled to take place in Delhi, India, on 19th and 20th September 2025. This prestigious event will bring together experts, thought leaders, and professionals from around the world to discuss extremes in Ovarian Stimulation.

Delhi, the capital of India, is a vibrant city rich in history, culture, and modern attractions. It is divided into two main parts: Old Delhi, known for its historical monuments and bustling markets, and New Delhi, which features government buildings, broad avenues, and modern infrastructure.

Top Sightseeing Historical Monuments in Delhi include:



Apart from this there are several Cultural & Religious Sites, Museums & Galleries, Parks & Gardens and a lot of shopping.

This exclusive Masterclass on Ovulation Induction, designed to enhance your expertise in managing infertility and optimizing patient outcomes with Cutting-edge insights into the latest ovulation induction protocols, expert-led discussions on best practices and case-based learning and practical strategies to improve success rates in clinical practice. You will also have networking opportunities with leading specialists in reproductive medicine.

So don't miss this opportunity to refine your skills and stay at the forefront of reproductive health advancements.



meatil

Dr Madhuri Patil
Chairperson, 13th ASPIRE Masterclass



PROGRAMME



FRI, 19 SEP 2025

Basics That Need to Be Known

0900 - 0930	Physiology of Follicular Development and Ovulation and How It Differs With Ovarian Stimulation	Fady Sharara
0930 - 1000	Luteal Phase After Ovarian Stimulation	Duru Shah
1000 - 1030	Assessing Ovarian Reserve and Predictors of Ovarian Response	Fady Sharara
1030 - 1100	Discussion	All Faculty

1100 - 1130 Coffee break

Diagnosing Poor Responders

1130 - 1200	How Different Is the POSEIDEN Classification From Bologna Criteria in Defining Poor Ovarian Response?	Jaideep Malhotra
1200 - 1230	How Different Is POI From Poor Ovarian Response?	Matheus Roque
1230 - 1300	What Dose of FSH Is Optimal for Poor Ovarian Response?	Matheus Roque
1300 - 1330	Discussion	All Faculty

1330 - 1430 Lunch

PROGRAMME



Management of Poor Responders

1430 - 1500	Evidence to Support Intraovarian PRP and Other Rejuvenation Strategies	Nalini Mahajan
1500 - 1530	Management of Poor Responders Depending on POSEIDON Groups - Does It Improve Results?	Madhuri Patil
1530 - 1600	How Does Ovarian Response Affect Aneuploidy and IVF Outcomes?	Clare Boothroyd
1600 - 1630	Discussion	All Faculty
1630 - 1730	Clinical Case Discussion	Matheus Roque, Eileen Manalo, Jaideep Malhotra, Sujata Kar
1830	Welcome Dinner [All Participants & Faculty - RSVP only]	





PROGRAMME

SAT, 20 SEP 2025

Management of Poor Responders		
0830 - 0900	Evidence-Based Ovarian Stimulation to Optimize Outcome in Women With High AMH?	Duru Shah
0900 - 0930	Can We Modify Ovarian Stimulation in PCOS by Lifestyle Change?	Neena Malhotra
0930 - 1000	Choice of Induction of Ovulation and Completion of First Meiotic Division in IVF (hCG, GnRH Agonist, Combined, Separate). What Is the Evidence?	Clare Boothroyd
1000 - 1030	Discussion	All Faculty
1030 - 1100	Coffee break	

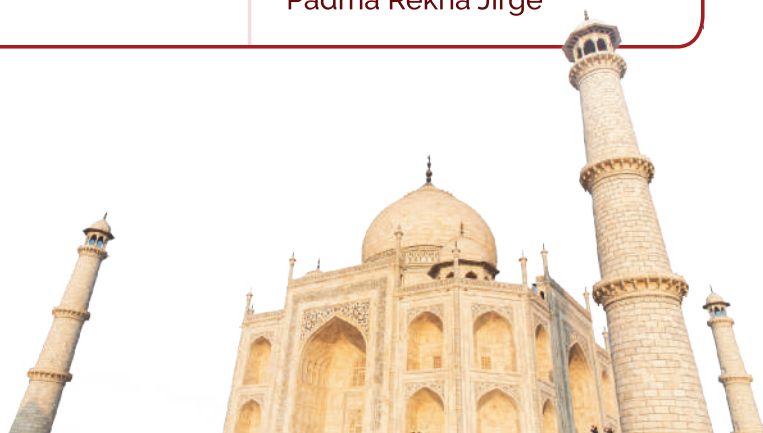


PROGRAMME



Ovarian Stimulation in Special Circumstances

1100 - 1130	Ovarian Stimulation in Fertility Preservation	Eileen Manalo
1130 - 1200	Ovarian Stimulation in Oocyte Donation	Sujata Kar
1200 - 1230	Ovarian Stimulation and Its Difficulty in Endometriosis	Jaideep Malhotra
1230 - 1300	New Protocols Ovarian Stimulation (Progestin "Primed", Random Start, Oral GnRH Antagonists, Use of Letrozole)	Clare Boothroyd
1300 - 1330	Discussion	All Faculty
1330 - 1430	Lunch	
Debate - Ovarian Stimulation for IVF: LH Adds Benefit?		
1430 - 1530	For	Fady Sharara
	Against	Eileen Manalo
1530 - 1630	Clinical Case Discussion	Clare Boothroyd, Duru Shah, Fady Sharara, Padma Rekha Jirge



SPEAKERS



Dr Duru Shah

Director, Gynaecworld,
Mumbai, India



Prof Jaideep Malhotra

Managing Director of
ART Rainbow IVF, India



Dr Clare Boothroyd

Medical Director,
Care Fertility IVF Australia



Dr Fady Sharara

Medical Director at Virginia Center
for Reproductive Medicine



Dr Sujata Kar

Consultant Gyn. & Obs.
at Kar Clinic & IVF Centre



Dr Madhuri Patil

Clinical Director of Dr. Patil's Fertility
& Endoscopy Clinic, Bangalore, India



Dr Matheus Roque

Scientific Director
of MATER PRIME,
Reproductive Medicine,
São Paulo, Brazil



Prof Eileen Manalo

Professor VII at the Department of
Obstetrics and Gynecology of the
University of the Philippines College
of Medicine

Founding member of the Philippine Society for
Reproductive Medicine



Dr Nalini Mahajan

Director, Mother & Child
Hospital. Delhi, India



Dr Neena Malhotra

Professor & Head Department
of Obstetrics and Gynaecology,
All India Institute of Medical Sciences,
New Delhi



Dr Padma Rekha Jirge

Scientific Director – Sushrut Assisted Conception Clinic,
& Shreyas Multispeciality Hospital & Research Institute, Kolhapur

Founder Director – PRISMATIC Research Foundation