

Time	Programme Outline
Day 1 - Friday, 23 January 2026	
Session 1: Scientific Foundations and Clinical Indications	
0830 - 0845	Welcome Address & Course Objectives
0845 - 0910	Understanding Adenomyosis: Imaging, Classification & Clinical Impact
0910 - 0935	Ablation Technologies in Adenomyosis: Overview & Comparison (Microwave vs HIFU vs RFA)
0935 - 1000	Microwave Ablation: Physics, Protocols, and Precision Targeting
1000 - 1015	Q&A Panel
1015 - 1045	<i>Coffee break</i>
Session 2: Indications, Outcomes, and Fertility Considerations	
1045 - 1110	Patient Selection: Fertility-Sparing vs Definitive Treatment Goals
1110 - 1135	Clinical Evidence & Outcomes: What Does the Literature Say?
1135 - 1200	Pre-Procedural Imaging Protocols: Role of 3D TVUS & MRI
1200 - 1225	Case-Based Panel: Managing Adenomyosis in Infertility – IVF, Surgery, or Ablation?
1225 - 1240	Q&A Panel
1240 - 1340	<i>Lunch</i>
Session 3: Fertility Sparing Outcomes	
1340 - 1405	Concept of Uterine-Sparing Interventions: Where Are We Now?
1405 - 1430	High-Intensity Focused Ultrasound (HIFU): Evidence in Reproductive-Age Women
1430 - 1455	Uterine Artery Embolization (UAE): Fertility Outcomes and Risks
1455 - 1520	Microwave Ablation vs HIFU vs UAE – Comparative Evidence
1520 - 1545	Case-Based Panel: Which Modality When? (IVF planning, Failed IVF, Recurrent Pregnancy Loss)
1545 - 1600	Q&A Panel
1600 - 1630	<i>Coffee break</i>
Session 4: Post-Procedural Care and Monitoring	
1630 - 1655	Post-Procedural Imaging and Monitoring: When is Enough, Enough?
1655 - 1720	Post-Procedural Pregnancy Management and ART Planning
1720 - 1745	Long-Term Outcome Surveillance and Reintervention: myomectomy, MWA and UAE
1745 - 1800	Q&A Panel

Time	Programme Outline
Day 2 - Saturday, 24 January 2026	
Session 5: Hands-On Training Workshop – MWA Simulation Lab	
0830 - 1045	Live Demonstration (Microwave Ablation for Adenomyosis with Ultrasound Guidance)
	Live Demonstration (Robotic Adeno-myomectomy)
1045 - 1100	<i>Coffee break</i>
1100 - 1500	Hands-On Stations (Rotating Groups)
1100 - 1225	Station A - Microwave Generator Calibration & Probe Handling + Ultrasound-Guided Targeting of Adenomyotic Foci (Model)
	Station B - Simulation of Ablation Procedure (GE) (Ex vivo tissue model or VR setup)
	Station C - Adenomyomectomy (uterus model) Securing Myomectomy (J&J)
1230 - 1330	<i>Lunch</i>
1330 - 1500	Hands-On Stations (Rotating Groups)
1330 - 1500	Station A - Microwave Generator Calibration & Probe Handling + Ultrasound-Guided Targeting of Adenomyotic Foci (Model)
	Station B - Simulation of Ablation Procedure (GE) (Ex vivo tissue model or VR setup)
	Station C - Adenomyomectomy (uterus model) Securing Myomectomy (J&J)
1500 - 1515	<i>Coffee break</i>
1515 - 1545	Final Panel Discussion and Course Feedback <ul style="list-style-type: none"> • Participant reflections • Certification distribution • Invitation to collaborative registry and multi-centre outcomes study