#### WELCOME MESSAGE

We are pleased to invite you to attend the

13th ASPIRE Masterclass "Addressing the extremes in Ovarian Stimulation - Individualisation and Beyond " scheduled to take place in Delhi, India, on 19th and 20th September 2025. This prestigious event will bring together experts, thought leaders, and professionals from around the world to discuss extremes in Ovarian Stimulation.

Delhi, the capital of India, is a vibrant city rich in history, culture, and modern attractions. It is divided into two main parts: Old Delhi, known for its historical monuments and bustling markets, and New Delhi, which features government buildings, broad avenues, and modern infrastructure.

Top Sightseeing Historical Monuments in Delhi include:











Apart from this there are several Cultural & Religious Sites, Museums & Galleries, Parks & Gardens and a lot of shopping.

This exclusive Masterclass on Ovulation Induction, designed to enhance your expertise in managing infertility and optimizing patient outcomes with Cutting-edge insights into the latest ovulation induction protocols, expert-led discussions on best practices and case-based learning and practical strategies to improve success rates in clinical practice. You will also have networking opportunities with leading specialists in reproductive medicine.

So don't miss this opportunity to refine your skills and stay at the forefront of reproductive health advancements.



Dr Madhuri Patil
Chairperson, 13<sup>th</sup> ASPIRE Masterclass





### FRI, 19 SEP 2025

Basics That Need to Be Known					
0900 - 0930	Physiology of Follicular Development and Ovulation and How It Differs With Ovarian Stimulation	Fady Sharara			
0930 - 1000	Luteal Phase After Ovarian Stimulation	Duru Shah			
1000 - 1030	Assessing Ovarian Reserve and Predictors of Ovarian Response	Fady Sharara			
1030 - 1100	Discussion	All Faculty			
1100 - 1130	Coffee break				
	Diagnosing Poor Responders				
	How Different Is the POSEIDEN Classification				
1130 - 1200	From Bologna Criteria in Defining Poor Ovarian Response?	Jaideep Malhotra			
1130 - 1200 1200 - 1230		Jaideep Malhotra  Matheus Roque			
	Poor Ovarian Response?  How Different Is POI From				
1200 - 1230	Poor Ovarian Response?  How Different Is POI From Poor Ovarian Response?  What Dose of FSH Is Optimal for	Matheus Roque			



Management of Poor Responders			
1430 - 1500	Evidence to Support Intraovarian PRP and Other Rejuvenation Strategies	Nalini Mahajan	
1500 - 1530	Management of Poor Responders Depending on POSEIDON Groups - Does It Improve Results?	Madhuri Patil	
1530 - 1600	How Does Ovarian Response Affect Aneuploidy and IVF Outcomes?	Clare Boothroyd	
1600 - 1630	Discussion	All Faculty	
1630 - 1730	Clinical Case Discussion	Neera Malhotra, Eileen Manalo, Jaideep Malhotra, Sujata Kar	





### SAT, 20 SEP 2025

Management of Poor Responders				
0830 - 0900	Evidence-Based Ovarian Stimulation to Optimize Outcome in Women With High AMH?	Duru Shah		
0900 - 0930	Can We Modify Ovarian Stimulation in PCOS by Lifestyle Change?	Neena Malhotra		
0930 - 1000	Choice of Induction of Ovulation and Completion of First Meiotic Division in IVF (hCG, GnRH Agonist, Combined, Separate). What Is the Evidence?	Clare Boothroyd		
1000 - 1030	Discussion	All Faculty		
1030 - 1100	Coffee break			





Ovarian Stimulation in Special Circumstances				
1100 - 1130	Ovarian Stimulation in Fertility Preservation	Eileen Manalo		
1130 - 1200	Ovarian Stimulation in Oocyte Donation	Sujata Kar		
1200 - 1230	Ovarian Stimulation and Its Difficulty in Endometriosis	Jaideep Malhotra		
1230 - 1300	New Protocols Ovarian Stimulation (Progestin "Primed", Random Start, Oral GnRH Antagonists, Use of Letrozole)	Clare Boothroyd		
1300 - 1330	Discussion	All Faculty		
1330 - 1430	Lunch			
Debate - Ovarian Stimulation for IVF: LH Adds Benefit?				
1430 - 1530	For	Fady Sharara		
	Against	Eileen Manalo		
1530 - 1630	Clinical Case Discussion	Clare Boothroyd, Duru Shah, Fady Sharara, Padma Rekha Jirge		

#### **SPEAKERS**



Dr Duru Shah
Director, Gynaecworld,
Mumbai, India



Prof Jaideep Malhotra

Managing Director of

ART Rainbow IVF, India



Dr Clare Boothroyd
Medical Director,
Care Fertility IVF Australia



**Dr Fady Sharara**Medical Director at Virginia Center for Reproductive Medicine



Dr Sujata Kar
Consultant Gyn. & Obs.
at Kar Clinic & IVF Centre



Dr Madhuri Patil
Clinical Director of Dr. Patil's Fertility
& Endoscopy Clinic, Bangalore, India



Dr Matheus Roque
Scientific Director
of MATER PRIME,
Reproductive Medicine,
São Paulo, Brazil



Reproductive Medicine

Founding member of the Philippine Society for

Prof Eileen Manalo
Professor VII at the Department of
Obstetrics and Gynecology of the
University of the Philippines College
of Medicine



Dr Nalini Mahajan Director, Mother & Child Hospital. Delhi, India



Dr Neena Malhotra

Professor & Head Department
of Obstetrics and Gynaecology,
All India Institute of Medical Sciences,
New Delhi



Dr Padma Rekha Jirge

Scientific Director – Sushrut Assisted Conception Clinic,

& Shreyas Multispeciality Hospital & Research Institute, Kolhapur