



14th ASPIRE Masterclass

# Fertility Sparing Management for Adenomyosis

📍 Sheraton Petaling Jaya, Kuala Lumpur, Malaysia

📅 23 - 24 January 2026



# WELCOME MESSAGE

Dear Colleagues and Friends,

**Selamat Datang—welcome to vibrant Kuala Lumpur!** As the local organising chair, it is my great pleasure to invite you to the 14<sup>th</sup> ASPIRE Masterclass: Fertility Sparing Management for Adenomyosis taking place on 23–24 January 2026 at the Sheraton Kuala Lumpur.

Across two focused days, our international faculty will guide you from pathophysiology to precision therapy for adenomyosis. Morning plenaries will distil the latest evidence on advanced imaging, medical optimisation, and reproductive outcomes, setting the stage for lively, casebased dialogues. The programme's centrepiece is a hands-on microwave-ablation workshop with real-time ultrasound guidance, complemented by sessions on high-intensity focused ultrasound (HIFU), uterine artery embolisation (UAE), and emerging endoscopic techniques—each designed to preserve uterine integrity while maximising symptom relief and fertility potential.

Networking is woven throughout the agenda. Engage with peers during problem solving breakouts, exchange clinical pearls over aromatic Malaysian Nasi Lemak, and savour Kuala Lumpur's eclectic cuisine at our welcome dinner beneath the glittering skyline. Whether you are refining surgical skills, optimising reproductive planning, or shaping future guidelines, your insights will enrich the dialogue and catalyse collaborations across the AsiaPacific region.



Professor Mukhri Hamdan

We look forward to welcoming you, learning from your expertise, and sharing the warmth of Malaysian hospitality. Together, let us advance care for women living with adenomyosis and empower their journey toward healthy, fulfilled lives.

Safe travels, and see you soon in Kuala Lumpur!

Local Organising Chair, 14<sup>th</sup> ASPIRE Masterclass

As Chairman of the Special Interest Group on Endometriosis under the Asia Pacific Initiative on Reproduction (ASPIRE), I am honored to invite healthcare providers, clinicians, and researchers across Asia to join us for the upcoming masterclass on Adenomyosis.

We hope this focused gathering will bring together regional experts and thought leaders to collaborate on solutions that address the barriers to health, well-being, and fertility faced by women with adenomyosis. The programme aims to provide participants with a comprehensive review of current knowledge and research on this complex condition, along with practical skills training through workshops on diagnostic and management modalities.

Our goal is to equip professionals with deeper understanding and foster interdisciplinary care, ultimately improving outcomes for women living with this challenging disease across the region.



Professor Angela G. Sison-Aguilar

ASPIRE Endometriosis SIG Chairperson

# PROGRAMME



FRI, 23 JAN 2026

| Scientific Foundations and Clinical Indications     |                                                                                        |
|-----------------------------------------------------|----------------------------------------------------------------------------------------|
| 0830 - 0845                                         | Welcome Address & Course Objectives                                                    |
| 0845 - 0910                                         | Understanding Adenomyosis: Imaging, Classification & Clinical Impact                   |
| 0910 - 0935                                         | Ablation Technologies in Adenomyosis: Overview & Comparison (Microwave vs HIFU vs RFA) |
| 0935 - 1000                                         | Microwave Ablation: Physics, Protocols, and Precision Targeting                        |
| 1000 - 1015                                         | Q&A Panel                                                                              |
| 1015 - 1045                                         | Coffee break                                                                           |
| Indications, Outcomes, and Fertility Considerations |                                                                                        |
| 1045 - 1110                                         | Patient Selection: Fertility-Sparing vs Definitive Treatment Goals                     |
| 1110 - 1135                                         | Clinical Evidence & Outcomes: What Does the Literature Say?                            |
| 1135 - 1200                                         | Pre-Procedural Imaging Protocols: Role of 3D TVUS & MRI                                |
| 1200 - 1225                                         | Case-Based Panel: Managing Adenomyosis in Infertility – IVF, Surgery, or Ablation?     |
| 1225 - 1240                                         | Q&A Panel                                                                              |
| 1240 - 1340                                         | Lunch                                                                                  |

# PROGRAMME



**FRI, 23 JAN 2026**

| Fertility Sparing Outcomes          |                                                                                                |
|-------------------------------------|------------------------------------------------------------------------------------------------|
| 1340 - 1405                         | Concept of Uterine-Sparing Interventions: Where Are We Now?                                    |
| 1405 - 1430                         | High-Intensity Focused Ultrasound (HIFU): Evidence in Reproductive-Age Women                   |
| 1430 - 1455                         | Uterine Artery Embolization (UAE): Fertility Outcomes and Risks                                |
| 1455 - 1520                         | Microwave Ablation vs HIFU vs UAE – Comparative Evidence                                       |
| 1520 - 1545                         | Case-Based Panel: Which Modality When?<br>(IVF planning, Failed IVF, Recurrent Pregnancy Loss) |
| 1545 - 1600                         | Q&A Panel                                                                                      |
| 1600 - 1630                         | Coffee break                                                                                   |
| Post-Procedural Care and Monitoring |                                                                                                |
| 1630 - 1655                         | Post-Procedural Imaging and Monitoring: When is Enough, Enough?                                |
| 1655 - 1720                         | Post-Procedural Pregnancy Management and ART Planning                                          |
| 1720 - 1745                         | Long-Term Outcome Surveillance and Reintervention: myomectomy, MWA and UAE                     |
| 1745 - 1800                         | Q&A Panel                                                                                      |

# PROGRAMME



**SAT, 24 JAN 2026**

| Hands-On Training Workshop – MWA Simulation Lab |                                                                                                                        |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 0830 - 1045                                     | Live Demonstration (Microwave Ablation for Adenomyosis with Ultrasound Guidance)                                       |
|                                                 | Live Demonstration (Robotic Adeno-myomectomy)                                                                          |
| 1100 - 1130                                     | Coffee break                                                                                                           |
| Hands-On Stations (Rotating Groups)             |                                                                                                                        |
| 1100 - 1500                                     | Station A - Microwave Generator Calibration & Probe Handling + Ultrasound-Guided Targeting of Adenomyotic Foci (Model) |
| 1230 - 1330<br>Lunch                            | Station B - Simulation of Ablation Procedure (GE) (Ex vivo tissue model or VR setup)                                   |
|                                                 | Station C - Adenomyomectomy (uterus model) Securing Myomectomy (J&J)                                                   |
| 1500 - 1515                                     | Coffee break                                                                                                           |
| 1515 - 1545                                     | <b>Final Panel Discussion and Course Feedback</b>                                                                      |

# REGISTRATION



Take this opportunity to deepen your knowledge, gain practical insights, and connect with leading experts in the field.

Join us in this enriching learning experience. We look forward to welcoming you to the masterclass! Scan the QR code below to secure your place today.

| REGISTRATION CATEGORY                              | REGISTRATION FEE |                   |
|----------------------------------------------------|------------------|-------------------|
|                                                    | ASPIRE Member^   | Non-ASPIRE Member |
| FULL Masterclass<br>(lectures + hands-on workshop) | USD 600          | USD 720           |
| HALF Masterclass<br>(lectures only)                | USD 400          | USD 480           |

SCAN QR CODE



FULL Masterclass has limited seats available and registration will close once it has reached full capacity.

\*Registration fees are inclusive of course materials and meals during the course.

## Cancellation Policy

Refund of the registration fee will be as follows:

- On or Prior to 10th November 2025 – 50% refund of total registration fee
- After 10th November 2025 – no refund of total registration fees

Note: In case of cancellation at any stage, an administration fee of USD 35 will not be refunded.

## Contact Us

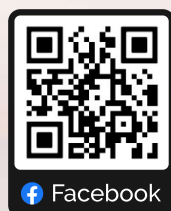
For enquiries, please contact the Secretariat at [ccchen@aspire-reproduction.org](mailto:ccchen@aspire-reproduction.org)



Instagram



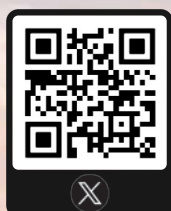
LinkedIn



Facebook



Whatsapp



X

